

PATHWAYS FOR PEOPLE WITH MENTAL HEALTH

ACUTE/ EMERGENCY RESPONSE REQ'D

- Mental Health Emergency Crisis (ACIS) **T 13 14 65**
- Child & Adolescent Mental Health Emergency **T 8161 7000**
- Crisis Care **T 13 16 11**
- Domestic Violence Helpline **T 1800 800 098**
- Glenside Hospital **T 8303 1111**
- Kids Helpline **T 1800 551 800**
- Lifeline **Freecall 13 11 14**
- Parent Helpline **T 1300 364 100**
- Royal Adelaide Hospital **T 8222 4000**
- Women's and Children's Hos **T 8161 7000**
- Youth Helpline **T 1300 131 719**
- Gambling Helpline **T 1800 060 757**

Non-urgent One-off Psychiatric Assessment

- GP PASA **T 1800 721 899**
- GP Psychiatry Support Line **T 1800 200 588**

SEVERE MENTAL HEALTH DISORDER

MENTAL HEALTH SHARED CARE PROGRAM

- Mental Health Shared Care Program funded by SA Health and provided by GP partners Australia **T 8112 1100 F 8227 2220**
- Program targets 18+, chronically unwell, Tier 3 patients, high risk patients
- Tier 3 mental health clients eg clients presenting with severe depression/anxiety, bipolar, schizophrenia, personality disorder, and co-morbidity
- Mental Health Clinician provides a service at the patients general practice or at the Division
- No cost to patient
- Patient can access unlimited sessions of individual therapy with a Mental Health Clinician
- Referral to other services such as Lifestyle Coordinators, Mental Health Services, etc
- GP referral with completion of a Mental Health Treatment Plan

Printed version may be superseded.
Refer to online Quality System for current version.

Approved by: CEO

HIGH PREVALENCE DISORDER (eg anxiety, depression)

Access to Allied Psychological Services (ATAPS)

- ATAPS Program funded by Commonwealth Govt and run through Medicare Locals **T 8112 1100 F 8227 2220**
- Program targets youth, pensioners, unemployed, health care card holders, chronically ill, homeless, ATSI, children, perinatal women
- Clients are able to access up to 12 sessions per calendar year. Review after first six sessions. Option of further six sessions.
- No cost to patient
- GP referral with completion of a mental health treatment plan
- Patient referred to Clinician on Preferred Provider Panel.
- Sessions are time limited – 50 mins.

Suicide Prevention

- For those **at risk** of suicide
- GP referral to MIND Aust **T 1300 286 463**
- No Mental Health Treatment Plan needed

OTHER ADULT SERVICES

* Eastern Community Mental Health Services:

- Club 68 (Stepney) **T 8362 2611**
- Eastern Mobile Assertive Care **T 8130 1333**
- Enfield Team **T 8269 8400**
- Felixstow **T 8366 8400**
- Hospital at Home (East) **T 8130 1352**
- Mental Illness Fellowship of SA (MIFSA) **T 8378 4100**
- MIND Australia **T 1300 286 463**
- Beyond Blue Info Line **T 1300 224 636**
- Women's Health Statewide **T 8239 9600**
- Relationships Australia **T 8223 4566**
- Veterans Counselling Service **T 1800 011 046**
- Helen Mayo House **T 8303 1183**
- Drug & Alcohol Services of South Australia (DASSA) **T 1300 13 13 40**

BETTER ACCESS TO MENTAL HEALTH CARE INITIATIVE

- On completion of a Mental Health Treatment Plan, GP's can claim rebate review at 4 weeks to 6 months and further review if required
- GP's can refer patients to a Psychiatrist, Psychologist, Social Worker or OT
- Patients can access up to 10 individual sessions.
- May incur co-payment by patient

YOUTH SERVICES (Under 18 years)

- Eastern Child Adolescent Mental Health Services (CAMHS – Paradise) **T 8207 8999**
- The Second Story (Adelaide) **T 8232 0233**
- Youth Helpline **T 1300 131 719 (24 Hrs)**
- Child and Youth Health Services **T 8303 1500**
- Boylan Ward (WCH) **T 8161 6622**

OLDER PERSONS (Over 65 years)

- Eastern Mental Health Services for Older People **T 8336 7301**
- Alzheimer's Australia **T 8372 2100**
- National Dementia Helpline **T 1800 100 500**
- Downey House (Glenside Campus) **T 8303 1307**

Legend
 • Provided by GP partners Australia
 • Community Service Provision