



To the coordinator of Fax

Patient details

Name Interpreter required Yes No
 Address Language
 Date of birth Aboriginal or Torres Strait Islander Yes No
 Phone Please tick: Private health DVA
 Contact person Dom Care client Pensioner
 Phone Medicare no

Past medical history

Current medications

Reason for referral

Patient consent

Yes No *Consent to health professionals visiting me in my own home.*
 Yes No *Consent to my referrer providing my medical history to health professionals and community service providers.*
 Verbal consent or Signature Date

Services requested (refer to map overleaf, not all services are available)

1:1 Services

- Dietitian^{1,5}
- Podiatry^{1,2,4-7,9-15,17-20}
- Social work^{12,15,18}
- Physiotherapy^{1-3,5-20}
- Continence Mx^{1,5,15}
- Home rehabilitation¹⁹

- Speech pathology^{1,6,15}
- Home assessment^{1,2,4-9,11-16,18,20}
- Aquatic physiotherapy^{3,5,6,9-12,14-16,18}
- Occupational therapy^{1,2,4-9,11-16,18,20}

Group Programs:

- Falls and balance^{1-3,5-7,9-12,14,15,17,18,20}
- Arthritis groups^{1,6,9,11,14}
- Parkinson's groups^{1,7,15,17}
- Chronic condition Mx^{1,7,9,11,14,15,17}
- Pulmonary Rehab^{1,9,11,14}
- Communication¹⁵

- Art therapy¹⁸
- Walking¹⁸
- Osteoporosis^{9,11,14}
- Pilates^{7,17}
- Stroke self Mx^{1,3,15}
- Tai Chi^{1,3,5,7,9,11,14,17,18}
- Group Ex classes^{1-3,5-9,11,12,14,15,17,18}

Are there any precautions or limitations that should be avoided? Yes No

Client suitable to participate in a group exercise program? Yes No

Referring person

Name.....
 Agency/relationship
 Address
 Contact number

General practitioner details

Name.....
 Address
 Contact number
 Provider number
 Medical clearance obtained Yes No
 Date Sign

Day therapy centres

| Suburb | Organisation/Street | Phone | Facsimile |
|-----------------------|--|------------------------|-----------|
| 1. Elizabeth | Resthaven, 16 Gillingham Rd, 5112 | 8252 6811 | 8252 6822 |
| 2. Elizabeth | Anglicare, Unit 3/25 Philip Highway, 5112 | 8287 8400 | 8287 8455 |
| 3. Glynde | LHI Retirement Services, 24 Avenue Rd, 5070 | 8336 0111 | 8365 6351 |
| 4. Grange | Anglicare, St Laurences Court, 56 High St, 5022 | 8305 9510 | 8305 9595 |
| 5. Greenacres | ECH, 1/1 Rellum Rd, 5086 | 8369 3393 | 8261 0059 |
| 6. Hendon | Acacia Court, 81 Tapleys Hill Rd, 5014 | 8243 1844 | 8243 0430 |
| 7. Henley Beach | ECH, 168A Cudmore Tce, 5022 | 8356 3169 | 8356 7014 |
| 8. Ingle Farm | Helping Hand, Healthy Ageing Shackleton Ave, 5098 | 8285 0999 | 8285 1744 |
| 9. Largs Bay | Southern Cross Care, Philip Kennedy Rehabilitation Services, 477-479 Military Rd, 5016 | 8242 2985 | 8249 9617 |
| 10. Modbury | Salvation Army HealthLink, 138 Reservoir Rd, 5092 | 8264 8300 | 8264 0133 |
| 11. Myrtle Bank | Southern Cross Care, Lourdes Valley Rehabilitation Services, 18 Cross Rd, 5064 | 8433 0475 | 8338 6790 |
| 12. Newton | ACH, 163 Montacute Rd, 5074 | 8360 9433 | 8365 7926 |
| 13. North Adelaide | Helping Hand, Healthy Ageing 49 Buxton St, 5006 | 8285 0999 | 8285 1744 |
| 14. North Plympton | Southern Cross Care, The Pines Rehabilitation Services, 336 Marion Rd, 5037 | 8179 6825 | 8297 7615 |
| 15. Paradise | Resthaven, 61 Silkes Rd, 5075 | 8337 4371 | 8336 9952 |
| 16. Parafield Gardens | Helping Hand, Healthy Ageing, 437 Salisbury Highway, 5107 | 8285 0999 | 8285 1744 |
| 17. Payneham | Community Lifestyle Centre, 2 Portrush Rd, 5070 | 8168 7600 | 8336 2788 |
| 18. Prospect | Uniting Communities, 332 Regency Rd, 5082 | 8202 5900 | 8342 3398 |
| 19. Ridgehaven | Masonic Homes, 33 Golden Grove Rd, 5092 | 8375 1525 8219 8257 | 8375 1515 |
| 20. Salisbury | Helping Hand, Healthy Ageing 34 Commercial Rd, 5108 | 8285 0999 | 8285 1744 |